



SUN PROTECTION AT WORK

Science Professional A family company*

ABOUT

UV

WHAT IS

UV?

WHO IS AT RISK BEST PRACTICE GUIDANCE

THE POSITIVE SIDE OF SUNSHINE

- Provides warmth and light that enhances your general feeling of well-being
- Stimulates blood circulation
- Crucial in skeletal development, immune function
 and blood cell formation



15-20 minutes of unprotected sun exposure, without skin reddening or burning, per day should be sufficient for most people to produce the required vitamin D levels



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NEGATIVE SIDE OF SUNSHINE: SUNBURN

• Long Term Damage



What Is Sunburn?

Sunburn is skin damage and your body's response to try to repair it. As well as a clear sign that the DNA in your skin cells has been **damaged by too much UV radiation**. Getting sunburn, just once every 2 years, can triple your risk of melanoma skin cancer



UV-RADIATION: THE UNDERESTIMATED RISK



5 people per day

get skin cancer from sun expose at work.

Construction workers

are **Six times** more likely to develop skin cancer than other occupational groups.

The risk of workers who spend (parts of) their working hours in the sun is often underestimated.

* Numbers based on UK Market



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UV radiation is a form of electromagnetic radiation that **comes from the sun and man-made sources** like tanning beds and welding torches.

WHAT IS

UV?

Human skin contains melanin which **functions to block damaging UV rays.** The fairer the skin, the more damaging UV exposure will be.

REMEMBER...

exposure to UV damages the DNA in skin cells, producing genetic defects, or mutations, that can lead to skin cancer and premature aging



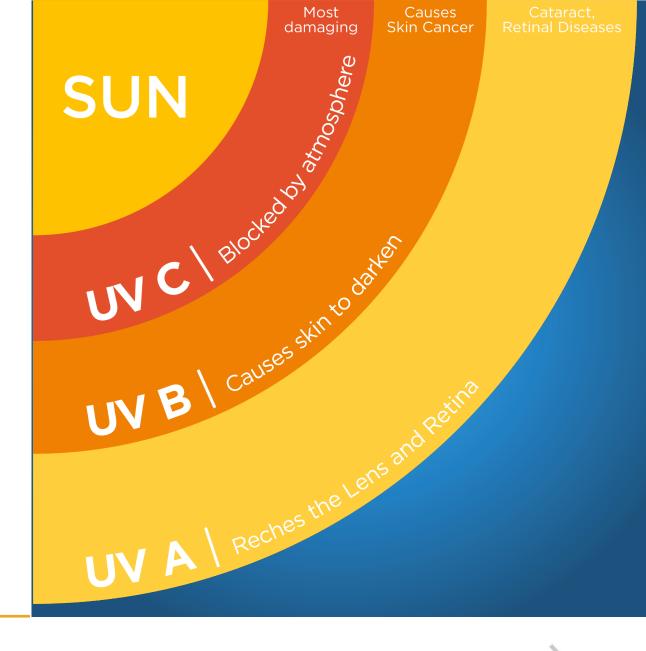
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THE DIFFERENT TYPES OF UV

- UV C radiation is blocked by the ozone layer and does not reach the earth. UVC rays are artificially generated in certain industrial processes, such as arc welding.
- UV B rays are the main cause of sunburns and contribute to the development of skin cancer. UV B rays have a short wavelength and reach and damage the outer layer of skin called the epidermis.
- UV A rays contribute to skin burns, skin cancer and wrinkling/premature ageing. They have a longer wavelength and penetrate the deeper layer of the skin (dermis).





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PRORTSE UV PROTECTION

WHO IS MOST AT RISK?





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Skin Type	Visual	Description
Туре І		Often burns, rarely tans. Tends to have freckles, red or fair hair, blue or green eyes.
Туре II		Usually burns, sometimes tans. Tends to have light hair, blue or brown eyes.
Type III		Sometimes burns, usually tans. Tends to have brown hair and eyes.
Type IV		Rarely burns, often tans. Tends to have dark brown eyes and hair.
Type V		Naturally brown skin. Often has dark brown eyes and hair.
Type VI		Naturally black-brown skin. Usually has black-brown eyes and hair.

Melanoma skin cancer risk is around twice as high for all skin phototype I & II, and 35% higher for skin phototype III when compared with skin phototype IV



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WHEN IS PROTECTION **REQUIRED?**

THE UV INDEX IS...

- A universal index adopted by the World Health Organization
- Shows on a daily basis the UV Index level
- Tells you when sun protection measures are required



Outdoor workers need to be protected as soon as the **UV INDEX REACHES 3, even when it is cloudy!**

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Source: WHO

UV PROTECTION: FOLLOW THE '5S APPROACH'



HOW TO USE SUNSCREEN





Sunscreen should be used alongside other protective measures

performance.



exposure to the sun.

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Stokoderm® **SUN PROTECT 50**

- Broad spectrum sunscreen for professional use with UVB and UVA protection
- Helps to provide protection against UVC rays artificially created during certain industrial processes, such as arc welding. (Does not replace personal protective equipment)
- Non greasy after feel to encourage regular use and help limit the effect on dexterity with hand held tools
- Contains Glycerin A skin moisturiser to help prevent drying and leave the skin feeling smooth after use
- Perfume-free, dye-free, water-resistant and siliconefree
- 1000 shots per cartridge



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POU MATERIALS TO INCREASE USAGE





Skin Safety Board with 1L Sun Protect Dispenser

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Protocol / Poster with How-to use instruction Schools Safety Board with 1L Sun Protect Dispenser



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THE SCJP CAMPAIGN 2024

KEY SECTORS

- Sectors: Industrial, Offices, Public Buildings
- Primary: Construction, logistics, utilities
- Secondary: forestry, agriculture, gardening/landscape architecture, education, hospitality, leisure

TARGET GROUP

- End Users: Outdoor workers in the above sectors
- Choosers: Health & safety managers, executive directors, facility owners & managers, occupational doctors

KEY MESSAGE

- Dangers of UV
- Product USPs and benefits
- Awareness of importance of UV protections

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THANK YOU

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